

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 71 years in the making.



February 19th 2026

Yamanishi sets world half marathon race walk record

On his 30th birthday, Toshikazu Yamanishi gave himself the present of an inaugural world half marathon race walk record by clocking 1:20:34 at the Japanese Half Marathon Race Walking Championships – a World Athletics Race Walking Tour Bronze meeting – in Kobe on Sunday 15th.

Striding away from a dwindling lead group shortly after 17km, Japan's two-time world champion passed the **20km mark in 1:16:26** – only 16 seconds outside the world record for the 20km race walk he set on the same course last year. He still had a lap and a bit to go but found another gear to notch a speedy 3:47 for the 21st loop of the course.

It is the first performance that surpasses the inaugural world record standard of 1:21:30 that was approved by the World Athletics Council in December, following the announcement that the half marathon and marathon would become the official senior road distances for race walking events.

Yamanishi, as part of a group of five, was well under world record pace from as early as halfway. The weather was kind for racing; a pleasant 11°C, although crowds lining the course still had warm coats to ward off the morning chill. Bonfim was already 50 metres behind and losing touch rapidly, with the spearhead passing 10km in 39:06. Ahead of him, that lead group was proving stubborn. Kento Yoshikawa, Tomohiro Noda, Sotaro Osaka, Satoshi Maruo and Yuta Koga – all athletes with fast PBs – were hanging on to the quickening pace. With lap times now around 3:50, something had to give. And so it proved. With 4 kilometres to go, Yamanishi lit the afterburners to immediately open up a gap of 15 metres on Yoshikawa and Noda – the only pair to remain tenuously in touch.

The top four all finished inside the inaugural world record standard. Closing fast, Yoshikawa improved his PB for 20km by some margin, with 1:16:38, and Noda did likewise, finishing third after recording 1:16:42 for that split. Yoshikawa reached the finish line in 1:20:50, followed by Noda in 1:20:57 and Maruo in 1:21:25. Bonfim made the finish just outside the standard in 1:21:44, but he eclipsed the 1:27:58 he recorded in January back home in Brazil.

The women's race quickly became a duel between Ayane Yanai and Yukiko Umeno. In fact, from just after 3km the two held sway, passing 10km in 45:18 by which time everyone else was more than a lap in arrears. Like Yamanishi in the men's race, Umeno kept her powder dry until the last three laps and then went through the gears at a rate of knots. In fact, by the finish in 1:35:01, she had put almost a minute between herself and the tiring Yanai, who came home second in 1:35:57. Ayumi Sugibayashi was third in 1:39:43.

AA Report

THIS WEEK

Queensland Masters Athletics State Championships

February QSAC Main Track

Saturday 21st

9.00am 5,000m Walk Championship

Sunday 22nd

9.30am 1,500m Walk Championship

Queensland Athletics 10,000 metres Track Walk Championships

February 21 QSAC Dane Bird-Smith Meet

6.45pm 3,000 metres

7.15pm 10,000 metres QA Championships

NEXT WEEK

Queensland Athletics

February 28th UQ St Lucia

4.45pm 3,000 Metre Championships U14/15/16

Queensland Masters Athletics

28th February Saturday, Venue SAF

8.10am 3000m Race Walk

Still to Come

Queensland Athletics

March 7th QSAC

5.30pm 3,000 metres

5.55pm 5,000 metres

March 25th QSAC Wednesday

7.20pm 5,000 metres

RESULTS RESULTS RESULTS

Queensland Little Athletics Regional Championships

Met North Regional Championships

Girls 700m RW Under 9

1 Cassandre Cohoner City North LAC 5:15.92

2 Milly Vicary City North LAC 5:33.26

3 Paloma Corallo City North LAC 6:45.30

Eva Anderson Arana LAC DQ

Boys 700m RW Under 9

1 Archer Dale Arana LAC 5:32.49

2 Rhys Corr Strathpine LAC 5:49.35

Girls 1100m RW Under 10

1 Lilli Chu Arana LAC 7:11.30

2 Hazel Ellison City North LAC 8:16.02

3 Byllie Mienert Redcliffe LAC 8:16.12

4 Lisa Van Staden Bracken Ridge LAC 8:52.04

5 Georgia Winn Strathpine LAC 9:54.59

Boys 1100m RW Under 10

1 Xavier Dyer Aspley LAC 7:17.70

2 Thomas Lindner Arana LAC 7:18.72

3 Malachi Ward Strathpine LAC 8:04.52

4 Zander Nell Strathpine LAC 8:15.77

5 Xavier Rigano Redcliffe LAC 9:16.06

Girls 1100m RW Under 11

1 Zoe Silk Arana LAC 7:32.32

Georgia Smith Bracken Ridge LAC DNS

Boys 1100m RW Under 11

1 Walter Miller Aspley LAC 7:25.13

Henry Dale Arana LAC DNS

James Gammon Arana LAC DNS

Girls 1500m RW Under 12

1 Izzy Blackburn Arana LAC 9:08.25

2 Zoe Frost City North LAC 11:42.47

Yanisa Nas Redcliffe LAC DQ

Boys 1500m RW Under 12

1 Jackson Millar Strathpine LAC 9:14.95

2 Lucas Dyer Aspley LAC 10:25.08

Girls 1500m RW Under 13

1 April Kelly Strathpine LAC 10:08.48

Boys 1500m RW Under 13

Dale Baldwin Redcliffe LAC DQ

Benjamin Gammon Arana LAC DNS

Girls 1500m RW Under 14

1 Charlotte Don Aspley LAC 8:36.31

Boys 1500m RW Under 14

1 Lachlan Millar Strathpine LAC 12:11.17

Girls 1500m RW Under 15

1 Hannah McKinnon Arana LAC 8:39.87

2 Kiara Waterman Strathpine LAC 9:35.34

Girls 1500m RW Under 16

1 Eliza Kelly Strathpine LAC 7:22.45 RCBP

Met West Regional Championships

Girls 700m RW Under 9

1 , Ipswich LAC 4:45.32

2 Ruby Matthews Toowong Harriers LAC 4:58.61

3 Ella Rank Sadik Toowong Harriers LAC 5:03.48

4 Alyssa Miers Toowong Harriers LAC 5:10.59

Sara Demartini Kenmore LAC DQ

Boys 700m RW Under 9

1 Tayo Schroeder Ipswich LAC 4:46.28

2 Jasper Wang Toowong Harriers LAC 4:59.48

3 Dylan Downes Toowong Harriers LAC 5:08.66

Connor Schulke Rosewood LAC DQ

Girls 1100m RW Under 10

1 Layla Harmon Ipswich LAC 7:53.72

2 Keeley Hicks Ipswich LAC 8:22.69

3 Daisy Burton Ipswich LAC 8:26.81

4 Charlotte Maunder Toowong Harriers LAC 9:15.53

Ellie Rose Lindahl Toowong Harriers LAC DQ

Boys 1100m RW Under 10

1 Grayson Pearsall Ipswich LAC 11:59.69

Aidan Gamage Toowong Harriers LAC DQ

Girls 1100m RW Under 11

1 Evelyn Templeton Ipswich LAC 7:38.60

- 2 Stella Alexandra Chow Toowong Harriers LAC 8:20.38
- 3 Stasa Jankovic Toowong Harriers LAC 8:34.88
- 4 Mikaela Mirrington Toowong Harriers LAC 9:11.23
- 5 Chelsea Burton Ipswich LAC 9:52.61
- Annie Holian Toowong Harriers LAC DQ

Boys 1100m RW Under 11

- 1 Conor Geagea Toowong Harriers LAC 7:12.18
- 2 Max Matthews Toowong Harriers LAC 7:20.37
- 3 Thomas Churchill Centenary LAC 7:28.17

Girls 1500m RW Under 12

- 1 Jessica Gorham Ipswich LAC 9:35.65
- 2 Sienna Hunter Ipswich LAC 11:14.63

Boys 1500m RW Under 12

- 1 Lachlan Miers Toowong Harriers LAC 8:44.86 **RCBP**
- Spencer Bird Rosewood LAC DQ

Girls 1500m RW Under 13

- 1 Akshi Rameshkumar Centenary LAC 13:13.45

Boys 1500m RW Under 14

- 1 Alex Mansfield Souths LAC 13:51.43

Boys 1500m RW Under 15

- Tristan Holloway Souths LAC DQ

South Coast Regional Championships cancelled due to flood warnings in place for the area, ongoing rain predicted and safety of athletes.

Queensland Masters Athletics

Saturday February 14th QSAC

1,500 Meter Race Walk

- Rapaport, David M50 9:04.67 (9:04.68 56.73%)
- Gannon, Brenda W51 8:27.01 (8:27.02 66.47%)
- Dale, Joy W54 11:03.21 (11:03.22 50.81%)
- Cartwright, Simon M56 12:47.95 (12:47.96 40.24%)

Queensland Masters Athletics

Sunday February 15th QSAC

800 Meter Race Walk

- Rapaport, David M50 4:54.81
- Nipperess, Dean M54 5:22.82
- Dale, Joy W54 5:42.92
- Cartwright, Simon M56 5:27.54
- Craswell, Jodie W58 4:56.60
- Bennett, Peter M70 4:44.48

3,000 Meter Race Walk

- Bradley, Alex M19 Visitor 14:29.47
- Rapaport, David M50 20:06.15 (18:10.49 59.34%)
- Dale, Joy W54 22:59.51 (19:59.21 58.40%)
- Cartwright, Simon M56 22:21.98 (19:22.70 55.66%)
- Jimenez Solis, Ignacio M60 14:43.12 (12:11.05 88.52%)
- Bennett, Peter M70 19:03.29 (14:15.41 75.65%)
- McKinven, Noela W83 27:29.18 (17:00.68 68.61%)

Age Graded Times & Percentages in Brackets

QRWC Winter Road Walk Season

Rules of Race Walking

There are two basic rules in Race Walking: • Contact: The athlete must never have both feet off the ground at once. • Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

With National & State track championships dominating the first quarter of 2026 we are looking at beginning the winter road walk season on Sunday March 29th with the QRWC Sign On Meet & AGM. The first Handicap meet is on April 12th. While we work with other athletics bodies to avoid clashes and to maximise opportunities to compete there may be times when an athlete will have to make a decision on what event to participate in. Firm dates, venues, race programmes and membership information will be added in the coming weeks

Our season will run until September with meets on most Sunday mornings at various venues. After the Sign On Day meet the season consist of;

- Ten graded Handicap Meets where members score points towards end of season trophies.
- Gold Coast Road Walk Championships
- Australian Federation of Race Walking Clubs Postal Match
- QRWC Track Championships
- QRWC Road Walk Championships

Plus, the opportunity to compete in these State or Interstate Carnivals

LBG Walking Carnival in Canberra

Queensland Athletics Road walk Championships

Athletics Australia Junior Road Walk C/Ships in Ballarat

QRWC Handicap Meets and Points

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season.

Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points

Starting points are awarded for starting the event.

Completed points are awarded for finishing the race distance.

The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To maximise your points for the season it is recommended that an athlete stays in the same grade for the season. An athlete is permitted to change grades once in a season without losing points but you must notify the Secretary of your intentions beforehand.

An athlete must compete in at least 5 designated Handicap races during the season to be eligible for end of season handicap points awards.

QRWC Membership

Many of our members who have been competing during the track season as a member of QRWC are registered through to the end of September 2026. These athletes are all set for entering winter road walk competitions and the QA Road Walk Championships. So, no need to take action until the first race portal opens.

New or existing non financial members who wish to join the club and compete in the QA Road Walk Championships are encouraged to register on the RevSport Portal

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

QRWC Membership Fee \$25.00 ((club fee on top of Qld Athletics membership)

Weekly Race Fees

Members \$5

Visitors \$10

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

MONTH	DATE	EVENT	VENUE
February	21-22	QMA Track Championships	SAF
	21	QA 10,000 metres Championships	QSAC
March	6-9	AMA National Championships	Canberra
	15	AA Half Marathon Championships	Adelaide
	20-22	QLAA State Championships	QSAC
	29	QRWC Sign On Day	TBC
April	5	Easter Sunday	No competition
	12	QRWC Handicap #1	TBC
	12	WA Race Walk Team C/Ships	Brazil
	13-14	ALAA Track Championships	Brisbane
	15-20	AA Junior Track Championships	Brisbane
	22-24	UniSport Championships	Runaway Bay
	26	QRWC Handicap #2	TBC
May	3	QRWC Handicap #3	TBC
	10	Mother's Day	No club competition
	17	QRWC Handicap #4	TBC
	19-22	Oceania Athletics Championships	Darwin
	24	QRWC Handicap #5	TBC
	31	Gold Coast Road Walk C/Ships	Mudgeeraba
June	7	LBG Federation Meet	Mt Stromlo Canberra
	14	QRWC Handicap #6	TBC
July	5	Gold Coast Marathon	Southport
	31	Comm Games 10km Men	Glasgow
August	1	Comm Games 10km Women	Glasgow
	8	WA U20 Championships	Oregon USA
	22- Sept 3	WMA Outdoor Championships	Daegu. South Korea
	23	AA Junior Road Walk C/Ships	Ballarat

September	6	Father's Day	No club competition
November	8	PPMG 10km Road Walk	Runaway Bay
December	4-6	AA All Schools Championships	Perth

Australian Masters Athletics Championships
Australian Institute of Sport, Leverrier Street, Bruce ACT
March 6-9th 2026

Friday 6th 1,500 metres AIS track
Saturday 7th 5,000 metres AIS track
Monday 9th 10km Stromlo Forest Park

Website : <https://canberra2026.com.au/>

14th Pan Pacific Masters Games
Gold Coast 6th – 15th November

Entries open March 3rd

Road Walk -10km

Sunday 8 November: 7:00am Luke Harrop Cycle Circuit, Runaway Bay
Step out with purpose in the endurance test of Road Race Walking at the Pan Pacific Masters Games. Athletes must maintain contact with the ground and keep their technique sharp as they cover the distance at speed, combining stamina, rhythm, and discipline. Every stride is judged, making focus and form just as important as fitness.
Road Race Walk is a true showcase of determination, control, and endurance.

Track & Field

Saturday 7 November Gold Coast Performance Centre
Sunday 8 November Gold Coast Performance Centre
Monday 9 November Gold Coast Performance Centre

Games Fees

- **\$140 Early Bird** (3 March – 31 May)
- **\$155 Saver** (1 June – 31 August)
- **\$170 Standard** (from 1 September)

Sports Fees

Track TBA
10km Road Walk \$30

2026 AA Half Marathon Race Walking Championships
War Memorial Drive, Adelaide, South Australia
March 15th 2026

This competition includes the Half Marathon Race Walking Championship for men and women and also a 10km event for athletes under 20. The Under 20 event serves as a trial for the World Teams Race Walking event in April.

Competition Timetable

8:00am - Half Marathon Race Walk - Men and Women
8:20am - 10km Race Walk - Under 20 Men and Under 20 Women

[Roster Athletics · 2026 Australian Athletics Half Marathon Race Walking Championships](#)

Entries for the Half Marathon and the Under 20 10km Walk will close on 24 February at 5:00pm. No late entries will be accepted.

Entry standards are 2:00:0 for men and 2:15.0 for women, athletes should not enter if they have not met these standards.

World Athletics Race Walking Team Championships Brasilia, Brazil on 12 April 2026

SUNDAY 12 APR 2026		
7:00	MARATHON RACE WALK	M/W
7:30	U20 10KM RACE WALK	M
8:30	U20 10KM RACE WALK	W
11:05	HALF MARATHON RACE WALK	M
12:50	HALF MARATHON RACE WALK	W



Selection standards and policy on which Australian Athletics will select its representative team for the World Race Walking Team Championships in Brasilia, Brazil, 12 April 2026

Men	Event	Women
43:00 at 10km or 10,000m	10km (Under 20)	50:00 at 10km or 10,000m
1:26:00 at 20km or 1:31:30 at half marathon	Half Marathon	1:36:00 at 20km or 1:42:00 at half marathon
2:40:00 at 35km or 3:18:00 at marathon	Marathon	2:58:00 at 35km or 3:40:00 at marathon

The qualification period is:

Events	Dates
10km, half marathon, marathon race walk	1 January 2025 – 15 March 2026

All performances must be achieved during official competitions which must be sanctioned by World Athletics. A complete list of sanctioned competitions is available online. Performances on both the track and the road are accepted as qualifying performances. All performances accepted by World Athletics and appear in World Athletics lists as valid performances will be accepted by Australian Athletics.

A selection trial will be held for all events as per the table below:

Events	Competition	Dates
Under 20 10km race walk	Specific Trial, Adelaide	15 March 2026
Senior half marathon race walk	Australian Championships, Adelaide	15 March 2026
Senior marathon race walk	Australian Championships, Canberra	29 November 2025

2026 National Junior Athletics Championships QSAC Brisbane

Australian Athletics (AA), and Little Athletics Australia (LAA), are pleased to announce dates for the inaugural aligned athletics championships in Brisbane in 2026.

April 13 – 14 Australian Little Athletics Championships

Draft walks programmer

Monday 13th April

9.30am Girls U13 1500m Walk

9.50am Boys U13 1500m Walk

11.10am Girls U12 1500m Walk

11.30am Boys U12 1500m Walk

April 15 – 20: Australian Athletics Junior Championships

Thursday 16th April

10.00am 3000m Race Walk U14 Men

10.00am 3000m Race Walk U14 Women

5.25pm 5000m Race Walk U17 Women

5.25pm 5000m Race Walk U18 Women

Friday 17th April

11.15am 5000m Race Walk U17 Men

11.15am 5000m Race Walk U18 Men

Monday 20th April

10.55am 3000m Race Walk U15 Women

10.55am 3000m Race Walk U16 Women

11.45am 3000m Race Walk U15 Men

11.45am 3000m Race Walk U16 Men

LBG Walking Carnival 2026



The LBG Carnival will be held on Sunday 8 June 2026 at Stromlo Forest Park in Canberra. All club members are entitled to compete. No qualification standards, all ages, all abilities - U10- Masters. Individual, teams and handicap awards.

The ACT Walkers Club & the Australian Federation of Race Walking Clubs will release full details shortly.

2026 Oceania Athletics Championships Darwin May 2026

Tuesday 19 May

10:25am Masters Men 3,000m Race Walk

Masters Women 3,000m Race Walk

Friday 22 May

7:00am Masters Women 5000m Racewalk

Under 18 Women 5000m Racewalk

Under 20 Women 5000m Racewalk

8:00am Masters Men 5000m Racewalk

Under 18 Men 5000m Racewalk

Under 20 Men 5000m Racewalk

<https://athletics-oceania.com/oceania-athletics-area-championships/>

Note: The 10,000m Walk Oceania Championships will be conducted at a different venue and time, with further information to be provided to Federations in early 2026.
The Open team will be operated by Australian Athletics, while the U18 team will be run by Queensland Athletics.

Important Masters Meets in 2026/27

2026 WMA Outdoor Championships

Date: August 22- September 3, 2026

Venue: Daegu Stadium, Daegu S.K.

From the 1st July 2026 the only Australian uniform that you will be able to wear is the AMA Valour uniform. All athletes intending to compete at the World Champs in Daegu will need to have the Valour competition uniform.

AMA will be opening the Uniform Shop for orders in March /April and will have sample sizes at the Australian Championships for athletes to try on.

2027 Oceania Masters Athletics Championships



- Date: January 27 – 31, 2027
- Venue: Ngā Puna Wai Sports Hub Christchurch NZ
- Entries open in August 2026

2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: WA Athletic Stadium, Floreat, WA

QA MEMBERSHIP INFORMATION 2025-2026

Season Period: 01 OCTOBER 2025 – 30 SEPTEMBER 2026

The Queensland Racewalking Club (QRWC) is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at Queensland Athletics (QA) meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership.

Membership Fee: \$25.00 (club fee on top of Qld Athletics membership)

[Click here to register Membership - Qld Race Walking Club - revolutioniseSPORT](#)

Racewalking Queensland Management Committee 2025/26

President: P Bennett

Vice President. J Blackburn

Secretary: N. McKinven

Treasurer Vacant

Committee: S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

Patron: S Perkins
Registrar: S Dale
Handicapper A Guevara / N McKinven
Uniforms: S Dale
Publicity / Media P Chadwick
Results R Wales / N McKinven
Newsletter Editor: P. Bennett
Equipment Officer. Ignacio Jimenez & Noela McKinven
Canteen Convenor R Wales, J Dale
Blue Card Co-ordinator B Gannon
Club Captains: Phoebe Chadwick, Alex Bradley
Vice Captains Mia Bergh, Kai Dale

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 3 Performance coach
Jasmine-Rose McRoberts Level 2 Club coach
Argenis Guevara Level 2 Development coach
Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

Website

[Queensland Race Walking Club](#)

About us*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.